**Online Training Video:**

http://www.youtube.com/playlist?list=PLRDR6vne4ABNlnX\_3m64QYHYvZLxYpXJx

**Reliability Quiz:**

http://www.proprofs.com/quiz-school/story.php?title=cafas-online-reliability-training-quiz

**School/Work**

|  |  |  |  |
| --- | --- | --- | --- |
| **School/Work** | **CAFAS Score** | **Description** | **Item Number** |
| **Grades** | 30 | Failing most of classes (F) | 9 |
|  | 20 | Average of “D” or lower  Failing at least half of classes | 19  20 |
|  | 10 | Not working up to ability (and caregivers or others are concerned) | 26 |
| **Attendance** | 30 | Refuses to attend (even if for “good” reason)  Asked to leave during rating period  Is expelled  Chronic truancy with consequences. EX: detention, make up class, loss of course credit, failing courses or tests, note to parents  Chronic absences with consequences  Dropped out & no job or voc. training | 1  1  2  6  7  10 |
|  | 20 | Truant  10%= once every 2 weeks  Or for several consecutive days  Absent (10% or several days) | 14  15 |
|  | 10 | N/A |  |
| **Behavior Problems** | 30 | Ejected from community school-“not wanted in the building” because of behavior in rating period  Multiple suspensions due to behavior in rating period  Judged to be threat due to aggressive potential based on actions or statements  Monitoring or supervision needed  Harmed or made serious threat  Unable to meet minimum requirements  Still disruptive, even though in specialized program/class | 2  2  3  3  4  5  8 |
|  | 20 | Persistent or repeated disruption of group functioning  Known to school authority figure due to chronicity of problems  Known to authority figure due to severity of problems  Special program/classroom implemented  Special program/classroom needed or recommended, ED referral | 12, 13  12, 13  12, 13  17  17 |
|  | 10 | Can be managed by classroom teacher  Teacher brings attention to problems. (Ex. Verbal reprimands, negative consequences)  Teacher structures to prevent problems (Ex. Moves student’s desk next to teacher)  Occasionally disobeys rules and more than other youths  Problems present but not disruptive | 22, 23  22, 23  24  25 |
| **Work** | 30 | Asked to leave job  Does not show up at job  Harmed or made threat at work  Holds no job or not looking for a job, if not in school/voc. training | 1  4  10 |
|  | 20 | Missed days or tardy, gets reprimanded  Receives reprimand or warning for unsatisfactory performance/behavior | 16  18 |
|  | 10 | Work productivity less than ability | 26 |

**Home**

|  |  |  |  |
| --- | --- | --- | --- |
| **Home** | **CAFAS Score** | **Description** | **Item Number** |
| **Safety: Person/Property** | 30 | Removed from the home  Deliberate & serious threats of physical harm  Repeated acts of intimidation  Constant monitoring to ensure safety  Severe & deliberate property damage (throw bat through china cabinet) | 41  43  44  46  49 |
|  | 20 | Repeated irresponsible behavior...potentially dangerous, but safety of house hold members not jeopardized. (ex. Uses stove, leaves door open)  Deliberate damage to home, belongings or yard (ex. Peels wallpaper) | 53  55 |
|  | 10 | Not working up to ability (and caregivers or others are concerned) |  |
| **Compliance: Rules, Routines, Chores** | 30 | Extensive management by others needed to be maintained in the home  Behavior and activities beyond caregiver’s influence almost all of the time  Supervision of youth required...interferes with caregiver’s work/roles | 42  45  47 |
|  | 20 | Persistent failure to comply with rules/routines (ex., bedtime, curfew)  Active defiance much of the time  If in residential facility, fails to comply unless closely monitored  Frequent profanity, cursing at household members | 51  51  51  52 |
|  | 10 | Frequently fails to comply  Has to be “watched” or prodded to get compliance  Frequently “balks or resists, but comply when caregiver insists  Frequently intentionally annoying (ex. Taunting siblings) | 57  58  59  60 |
| **Runaway Behavior** | 30 | Runaway from home overnight more than once, whereabouts unknown  Runaway once for extended time; whereabouts unknown | 48  48 |
|  | 20 | Runaway overnight, but likely whereabouts known (e.g., friend’s house) | 54 |
|  | 10 | N/A |  |

**Community**

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| --- | --- | --- | --- |
| **Community** | **CAFAS Score** | **Description** | **Item Number** |
| **Obeys Laws** | 30 | Confined for serious violation  Convicted of serious violation  Substantial evidence of serious violation  (Violation of probation conditions- flagrant disregard for the law) | 66  67  67  67 |
|  | 20 | Serious (but milder) delinquent behavior  Repeated delinquent behavior (>1 time)  On probation/court supervision (offense < 3 mo.)  On probation/court supervision (offense > 3 mo.)  At risk of confinement for frequent or serious violations (warning) | 73  73  74  75  76 |
|  | 10 | Minor legal violations  Single incidents of milder delinquent behavior | 80  81 |
| **Respects Property** | 30 | Deliberate & severe damage outside home (inside home if police notified) | 70 |
|  | 20 | Serious or repeated defacing property  Serious or repeated vandalism | 73  73 |
|  | 10 | Trespass onto neighbor’s property  Single incident of defacing property’  Single incident of vandalism | 80  81  81 |
| **Physical Aggression** | 30 | Involvement with legal system or diversion to mental health/social service due to physically assaultive behavior or threatening with a weapon (include toward household members if reported to police) | 68 |
|  | 20 | N/A | 54 |
|  | 10 | N/A |  |
| **Sexual Misconduct/**  **Mistrust** | 30 | Involvement with legal system or diversion to mental health/social service due to sexually assaultive behavior or inappropriate sexual behavior | 69 |
|  | 20 | Sexually inappropriate behavior such that adults have concern about welfare of other children who may be around youth unsupervised. | 77 |
|  | 10 | N/A |  |
| **Fire-Setting Behavior** | 30 | Deliberate fire-setting with malicious intent | 71 |
|  | 20 | Repeatedly and intentionally plays with fire – damage to property or person could result | 78 |
|  | 10 | Plays with fire (& child is aware of dangers) | 82 |

**Behavior Toward Others**

|  |  |  |  |
| --- | --- | --- | --- |
| **Behavior-Others** | **CAFAS Score** | **Description** | **Item Number** |
| **Poor Judgment** | 30 | N/A |  |
|  | 20 | Poor judgment/impulsive behavior/risky behavior that could lead to injury or getting into trouble more than other youths (from same cultural group), showing off to point of being dangerous (throwing firecrackers onto a picnic blanket), encouraging another youth to engage in risk-taking. | 96 |
|  | 10 | Poor judgment or impulsive behavior is inappropriate, given age and results in inconvenience to others (e.g., hiding brother’s lunch box). | 104 |
| **Unusually Offensive** | 30 | Bizarre behavior: consistently bizarre or extremely(e.g., growls, barks at other students, schizoaffective type interaction, others avoid because of unpredictable accusations)  Aggressive behavior: So disruptive or dangerous that harm to others is likely (hitting, kicking, throwing things at others, using or threatening to use a weapon or dangerous objects)  Sexual behavior: Attempted or accomplished sexual assault or abuse of another person (used force, threats, or toward younger youths, intimidation or persuasion)  Cruelty/meanness: Deliberately and severely cruel to animals. | 88  89  90  91 |
|  | 20 | Aggressive behavior: Behavior frequently and typically inappropriate/causes problems for self or others (e.g., fighting).  Sexual behavior: Inappropriate sexual behavior in the presence of others or directed toward others  Cruelty/meanness: Frequently mean to other people or animals. | 93  94  98 |
|  | 10 | N/A |  |
| **Negative, Troublesome** | 30 | N/A |  |
|  | 20 | Defiant: Behavior frequently and typically inappropriate, causes problems for self/others (belligerence, promiscuity)  Hostile: Characterized by hostile interactions/intentions, spiteful (purposefully annoying), vindictive (feels revengeful, wants to get even with another)  Anger: Frequent display of anger toward others, angry outbursts  Picks on/Uses others: Predominantly relates to others in exploitive or manipulative manner. Involved in gang-like activities: others bullied, harassed, intimidated, etc.  Persistent problems/difficulties relating to peers due to antagonizing behavior (i.e., threatens, shoves) | 93  95  97  99  100  101 |
|  | 10 | Youth is difficult: unusually quarrelsome, argumentative or annoying to others  Upset (tantrum) if cannot have or do something immediately, if frustrated, or if criticized.  Quick-tempered, easily annoyed by others & responds more strongly than other children.  Problems specifically with peers:  Tends to be ignored/rejected, does not engage in typical peer recreational activities (bullied)  Irritates peers, poor peer interactions, difficulty making friends (teases, picks on others)  Predominantly younger friends: immature behavior, has fewer same age friends, or has mostly younger friends. | 103  105  106  107  108  109 |

**Mood/Emotions**

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| --- | --- | --- | --- |
| **Moods/**  **Emotions** | **CAFAS Score** | **Description** | **Item Number** |
| **Mood reactions to abuse/trauma** | 30 | Extensive avoidance, secondary to traumatic reactions, avoiding school or social settings | (117) |
|  | 20 | Emotional blunting- no or few signs of emotional expression/flat (only if exposed to traumatic event and caregiver reports) | 126 |
|  | 10 | Notable emotional restriction-has difficulty expressing strong emotions such as fear, hate, love (only if trauma hx and caregiver report) | 134 |
| **Depression/**  **Sadness** | 30 | Depression with academic incapacitation:  Absent >\_ 1 day/week on average  Not doing any school work (stares)  Depression with social incapacitation:  Isolates from friends (doesn’t want to play, talk on phone, visit with friends)  Depression with suicidal intent (regardless of lethality) | 118  118  119 |
|  | 20 | Persistent depression (half of the time) with difficulty in one or more:  Sleep, eating, concentrating, energy, normal activities  Irritability or anhedonia with 2 or more:  Sleep, eating, concentrating, energy, normal activities | 122  122 |
|  | 10 | Often sad plus related symptoms (e.g., nightmares, stomachaches)  Disproportionately irritable (no apparent reason)  Very self-critical, low self-esteem, feeling of worthlessness  Sad or hurt if criticized  Sad, depressed or anhedonic in one setting or a few days at a time | 128  129  130  132  133 |
| **Anxiety, Fear, Worry, Panic, Tenseness** | 30 | Fear, worries, anxieties with academic incapacitation- absent >\_ 1 day/week on average.  Fears, worries, anxieties with social withdrawal | 117  117 |
|  | 20 | Persistent, excessive worry with one or more:  Sleep, eating, concentrating, irritability, muscle tension, feeling on edge.  Fears, worries, or anxieties result in being distraught when away from home or parental figures.  Worries or anxieties result in special accommodations/requests (sleep near parents, call home from school) | 123  124  125 |
|  | 10 | Often anxious, fearful, with related symptom (nightmare, stomachache)  Disproportionate fears or worries  Easily distressed if makes mistakes  Anxious if criticized  Anxious in one setting for a few days at a time | 128  129  131  132  133 |
| **Bizarre Emotional reactions** | 30 | Viewed as odd or strange, emotional responses are incongruous (unreasonable, excessive) most of the time (ex., laughs oddly when discussing sad issues- mania, psychosis, schizotypal, PDD, has no mood others can relate to as in autism) | 116 |
|  | 20 | Marked changes in mood- intense and abrupt  Extreme affective instability related to anxiety and depression, not anger (laughing one minute, crying the next) | 121 |
|  | 10 | N/A |  |

**Self-Harmful Behavior**

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| --- | --- | --- | --- |
| **Self-harmful Behavior** | **CAFAS Score** | **Description** | **Item Number** |
|  | 30 | Non-accidental, self-destructive behavior-potential or caused self-injury (suicide attempt, self-starvation, persistent head-banging)  Non-intentional self-destructive behavior- potential or caused self-injury & youth is aware of danger (opens car door in moving vehicle/deliberately running into traffic)  Has a clear plan to hurt self  Has genuine desire to die (suicidal intent, regardless of attempt, or lethality of method) | 142  143  144  144 |
|  | 20 | Non-accidental self-harm, mutilation, or injury- non-life-threatening & non-trivial (suicidal gestures without intent to die, cutting)  Talks about harming self, killing self, or wanting to die  Thinks about harming self, killing self, or wanting to die | 146  147  147 |
|  | 10 | Repeated non-accidental behavior suggesting self-harm, but unlikely to cause any serious injury (repeatedly pinching self, scratching skin with dull object) | 149 |

**Substance Use**

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| --- | --- | --- | --- |
| **Substance Use** | **CAFAS Score** | **Description** | **Item Number** |
| **Frequency/**  **Amount of Use** | 30 | Frequently intoxicated/high > 2x/week  12 years or younger, uses regularly (once/wk +) | 158  163 |
|  | 20 | High/intoxicated once or twice/week  12 years or younger, occasional use without intoxication or obviously high | 169  170 |
|  | 10 | Regular usage (e.g., once/week) but without intoxication or obviously high  Infrequent excess & only without serious consequences  12 years or younger has used substances more than once | 173  172  174 |
| **Negative effects & Risk taking** | 30 | Dominates life: lifestyle centers on acquisition and use, physical dependence  Usage suggests drinking is out of control-no social function: blackouts, drinking alone, cannot stop drinking once starts  Serious negative consequences: school-failing, expelled, work- fired, losing job, crimes-illegal activity while under influence, physical injury, accidents, victimized, Inhalant use  Potential serious consequences to offspring (pregnant, or parent and user)  Any use of “hard” drugs: crack, cocaine, PCP, opioids/narcotics | 154  155  162  156, 157, 159  160, 161  Except. |
|  | 20 | Pattern of use likely impairs functioning: traffic violations, school absences, tardiness, uses on school days, misses activities, work absences/tardiness, uses on work days, before work  Increase in troubles since started using: arguing, fights with family/friends, breaking rules, trouble with authority figures  Potential victimization, vulnerable to injury or date rape due to usage  Friendships change to mostly substance users | 165  166  167  168 |
|  | 10 | N/A |  |

**Thinking**

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| --- | --- | --- | --- |
| **Thinking** | **CAFAS Score** | **Description** | **Item Number** |
| **Impairment Requirements** | 30 | All 3 Required:  Cannot attend normal school classroom  Does not have normal friendships, and  Cannot interact adequately in the community |  |
|  | 20 | Frequent difficulty in communication or behavior, or  Specialized setting or supervision needed |  |
|  | 10 | Occasional difficulty in communications, behavior, or interactions with others |  |
| **Odd Communications** | 30 | Communications are impossible or extremely difficult to understand due to incoherent thought or language (loose assoc., flight of ideas)  Speech or nonverbal behavior is extremely odd & is non-communicative (echolalia, idiosyncratic language) | 182  183 |
|  | 20 | Irrelevant or disorganized communications (more than peers)  Eccentric or odd speech (e.g., impoverished, vague) | 187 |
|  | 10 | N/A | 193 |
| **Faulty Sensory Perception** | 30 | Strange or bizarre behavior due to frequent &/or disruptive hallucinations, can’t distinguish fantasy from reality | 184 |
|  | 20 | Intermittent hallucinations that interfere with functioning | 189 |
|  | 10 | Unusual perceptual experiences that are not pathological hallucinations (know not real-sees wolves before falling asleep) | 196 |
| **Faulty Cognitions** | 30 | Strange or bizarre behavior/talk due to frequent/disruptive delusions | 184 |
|  | 20 | Frequent distortion of thinking (obsessions, suspicions) Ex. Schizotypal suspiciousness, bizarre fantasies  Preoccupying cognitions/fantasies with bizarre, odd, gross themes (ex. Spends time alone writing, drawing stories of aliens killing teachers) | 188  191 |
|  | 10 | Though distortions (obsessions, compulsions)  Expression of odd beliefs, magical thinking older than age 8 | 194  195 |
| **Orientation & Memory loss** | 30 | Pattern of short-term memory loss, disorientation to time or place most of the time | 185 |
|  | 20 | Frequent marked confusion or evidence of short-term memory loss | 190 |
|  | 10 | N/A |  |

**Caregiver Resources**

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| --- | --- | --- | --- |
| **Caregiver Resources** | **CAFAS Score** | **Description** | **Item Number** |
| **Material Needs** | 30 | Youth needs not met, severe risk to health or welfare likely | 201 |
|  | 20 | Frequent negative impact/or major disruption on youth’s functioning | 203 |
|  | 10 | Occasional negative impact on youth’s functioning | 205 |
| **Level of Resources available** | 30 | Setting potentially dangerous due to lack of resources needed to meet youth’s needs/demands (e.g., youth with PDD and limited resources) | 211 |
|  | 20 | Youth’s developmental needs cannot be adequately met | 222 |
|  | 10 | Family not able to provide adequate warmth, security, or sensitivity | 230 |
| **Parental Judgment/**  **functioning** | 30 | Gross impairment in parental judgment/functioning (e.g., psychosis, substance abuse, severe personality disorder, MR)  Caregiver openly involved or approves of youth being involved with unlawful behavior | 212  220 |
|  | 20 | Marked impairment in parental judgment/functioning (e.g., emotional instability, psychiatric illness, substance use, physical illness) | 223 |
|  | 10 | N/A |  |
| **Supervised Home** | 30 | Caregiver does not want youth to return home,  Kicked youth out of the home without making other living arrangements | 213  216 |
|  | 20 | Marked lack of parental supervision or consistency in care (doesn’t know youth’s whereabouts, or friends) | 226 |
|  | 10 | Not able to provide adequate supervision, firmness, or consistency in care over time | 233 |
| **Non-Abusive Environment** | 30 | During rating period, subjected to sexual abuse/physical abuse by caregiver in the home.  Youth currently removed from home due to abuse/neglect  Failure to provide environment free from possible abuse for a youth who has previously been abused or traumatized (allows abuser or known offender near child)  Parents’ rights terminated | 214, 215  217  218  Except. |
|  | 20 | Failure of caregiver to provide emotional support to youth who have been traumatized or abused. | 227 |
|  | 10 | N/A |  |
| **Conflict Management** | 30 | Frankly hostile, rejecting to youth  Severe or frequent domestic violence | 213  219 |
|  | 20 | Domestic violence or serious threat of domestic violence  Pervasive and continual conflict (hostility, tensions, scapegoating)  Family members are insensitive, angry, or resentful of youth | 228  224  225 |
|  | 10 | Frequent family arguments and misunderstandings resulting in bad feelings  Family relations characterized by poor problem solving, poor communication, or emotional insensitivity | 231  232 |