**Online Training Video:**

http://www.youtube.com/playlist?list=PLRDR6vne4ABNlnX\_3m64QYHYvZLxYpXJx

**Reliability Quiz:**

http://www.proprofs.com/quiz-school/story.php?title=cafas-online-reliability-training-quiz

**School/Work**

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| --- | --- | --- | --- |
| **School/Work** | **CAFAS Score** | **Description** | **Item Number** |
| **Grades** | 30 | Failing most of classes (F) | 9 |
|  | 20 | Average of “D” or lowerFailing at least half of classes | 1920 |
|  | 10 | Not working up to ability (and caregivers or others are concerned) | 26 |
| **Attendance** | 30 | Refuses to attend (even if for “good” reason)Asked to leave during rating periodIs expelledChronic truancy with consequences. EX: detention, make up class, loss of course credit, failing courses or tests, note to parentsChronic absences with consequencesDropped out & no job or voc. training | 1126710 |
|  | 20 | Truant 10%= once every 2 weeks Or for several consecutive daysAbsent (10% or several days) | 1415 |
|  | 10 | N/A |  |
| **Behavior Problems** | 30 | Ejected from community school-“not wanted in the building” because of behavior in rating periodMultiple suspensions due to behavior in rating periodJudged to be threat due to aggressive potential based on actions or statementsMonitoring or supervision neededHarmed or made serious threatUnable to meet minimum requirementsStill disruptive, even though in specialized program/class | 2233458 |
|  | 20 | Persistent or repeated disruption of group functioningKnown to school authority figure due to chronicity of problemsKnown to authority figure due to severity of problemsSpecial program/classroom implementedSpecial program/classroom needed or recommended, ED referral | 12, 1312, 1312, 131717 |
|  | 10 | Can be managed by classroom teacherTeacher brings attention to problems. (Ex. Verbal reprimands, negative consequences)Teacher structures to prevent problems (Ex. Moves student’s desk next to teacher)Occasionally disobeys rules and more than other youthsProblems present but not disruptive | 22, 2322, 232425 |
| **Work** | 30 | Asked to leave jobDoes not show up at jobHarmed or made threat at workHolds no job or not looking for a job, if not in school/voc. training | 1410 |
|  | 20 | Missed days or tardy, gets reprimandedReceives reprimand or warning for unsatisfactory performance/behavior | 1618 |
|  | 10 | Work productivity less than ability | 26 |

**Home**

|  |  |  |  |
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| **Home** | **CAFAS Score** | **Description** | **Item Number** |
| **Safety: Person/Property** | 30 | Removed from the homeDeliberate & serious threats of physical harmRepeated acts of intimidationConstant monitoring to ensure safetySevere & deliberate property damage (throw bat through china cabinet) | 4143444649 |
|  | 20 | Repeated irresponsible behavior...potentially dangerous, but safety of house hold members not jeopardized. (ex. Uses stove, leaves door open)Deliberate damage to home, belongings or yard (ex. Peels wallpaper) | 5355 |
|  | 10 | Not working up to ability (and caregivers or others are concerned) |  |
| **Compliance: Rules, Routines, Chores** | 30 | Extensive management by others needed to be maintained in the homeBehavior and activities beyond caregiver’s influence almost all of the timeSupervision of youth required...interferes with caregiver’s work/roles | 424547 |
|  | 20 | Persistent failure to comply with rules/routines (ex., bedtime, curfew)Active defiance much of the timeIf in residential facility, fails to comply unless closely monitoredFrequent profanity, cursing at household members | 51515152 |
|  | 10 | Frequently fails to complyHas to be “watched” or prodded to get complianceFrequently “balks or resists, but comply when caregiver insistsFrequently intentionally annoying (ex. Taunting siblings) | 57585960 |
| **Runaway Behavior** | 30 | Runaway from home overnight more than once, whereabouts unknownRunaway once for extended time; whereabouts unknown | 4848 |
|  | 20 | Runaway overnight, but likely whereabouts known (e.g., friend’s house) | 54 |
|  | 10 | N/A |  |

**Community**

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| **Community** | **CAFAS Score** | **Description** | **Item Number** |
| **Obeys Laws** | 30 | Confined for serious violationConvicted of serious violationSubstantial evidence of serious violation(Violation of probation conditions- flagrant disregard for the law) | 66676767 |
|  | 20 | Serious (but milder) delinquent behaviorRepeated delinquent behavior (>1 time)On probation/court supervision (offense < 3 mo.)On probation/court supervision (offense > 3 mo.)At risk of confinement for frequent or serious violations (warning) | 7373747576 |
|  | 10 | Minor legal violationsSingle incidents of milder delinquent behavior | 8081 |
| **Respects Property** | 30 | Deliberate & severe damage outside home (inside home if police notified) | 70 |
|  | 20 | Serious or repeated defacing propertySerious or repeated vandalism | 7373 |
|  | 10 | Trespass onto neighbor’s propertySingle incident of defacing property’Single incident of vandalism | 808181 |
| **Physical Aggression** | 30 | Involvement with legal system or diversion to mental health/social service due to physically assaultive behavior or threatening with a weapon (include toward household members if reported to police) | 68 |
|  | 20 | N/A | 54 |
|  | 10 | N/A |  |
| **Sexual Misconduct/****Mistrust** | 30 | Involvement with legal system or diversion to mental health/social service due to sexually assaultive behavior or inappropriate sexual behavior | 69 |
|  | 20 | Sexually inappropriate behavior such that adults have concern about welfare of other children who may be around youth unsupervised. | 77 |
|  | 10 | N/A |  |
| **Fire-Setting Behavior** | 30 | Deliberate fire-setting with malicious intent | 71 |
|  | 20 | Repeatedly and intentionally plays with fire – damage to property or person could result | 78 |
|  | 10 | Plays with fire (& child is aware of dangers) | 82 |

**Behavior Toward Others**

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| **Behavior-Others** | **CAFAS Score** | **Description** | **Item Number** |
| **Poor Judgment** | 30 | N/A |  |
|  | 20 | Poor judgment/impulsive behavior/risky behavior that could lead to injury or getting into trouble more than other youths (from same cultural group), showing off to point of being dangerous (throwing firecrackers onto a picnic blanket), encouraging another youth to engage in risk-taking. | 96 |
|  | 10 | Poor judgment or impulsive behavior is inappropriate, given age and results in inconvenience to others (e.g., hiding brother’s lunch box). | 104 |
| **Unusually Offensive** | 30 | Bizarre behavior: consistently bizarre or extremely(e.g., growls, barks at other students, schizoaffective type interaction, others avoid because of unpredictable accusations)Aggressive behavior: So disruptive or dangerous that harm to others is likely (hitting, kicking, throwing things at others, using or threatening to use a weapon or dangerous objects)Sexual behavior: Attempted or accomplished sexual assault or abuse of another person (used force, threats, or toward younger youths, intimidation or persuasion)Cruelty/meanness: Deliberately and severely cruel to animals. | 88899091 |
|  | 20 | Aggressive behavior: Behavior frequently and typically inappropriate/causes problems for self or others (e.g., fighting).Sexual behavior: Inappropriate sexual behavior in the presence of others or directed toward othersCruelty/meanness: Frequently mean to other people or animals. | 939498 |
|  | 10 | N/A |  |
| **Negative, Troublesome** | 30 | N/A |  |
|  | 20 | Defiant: Behavior frequently and typically inappropriate, causes problems for self/others (belligerence, promiscuity)Hostile: Characterized by hostile interactions/intentions, spiteful (purposefully annoying), vindictive (feels revengeful, wants to get even with another)Anger: Frequent display of anger toward others, angry outburstsPicks on/Uses others: Predominantly relates to others in exploitive or manipulative manner. Involved in gang-like activities: others bullied, harassed, intimidated, etc.Persistent problems/difficulties relating to peers due to antagonizing behavior (i.e., threatens, shoves) | 93959799100101 |
|  | 10 | Youth is difficult: unusually quarrelsome, argumentative or annoying to othersUpset (tantrum) if cannot have or do something immediately, if frustrated, or if criticized.Quick-tempered, easily annoyed by others & responds more strongly than other children.Problems specifically with peers: Tends to be ignored/rejected, does not engage in typical peer recreational activities (bullied)Irritates peers, poor peer interactions, difficulty making friends (teases, picks on others)Predominantly younger friends: immature behavior, has fewer same age friends, or has mostly younger friends. | 103105106107108109 |

**Mood/Emotions**

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| **Moods/****Emotions** | **CAFAS Score** | **Description** | **Item Number** |
| **Mood reactions to abuse/trauma** | 30 | Extensive avoidance, secondary to traumatic reactions, avoiding school or social settings | (117) |
|  | 20 | Emotional blunting- no or few signs of emotional expression/flat (only if exposed to traumatic event and caregiver reports) | 126 |
|  | 10 | Notable emotional restriction-has difficulty expressing strong emotions such as fear, hate, love (only if trauma hx and caregiver report) | 134 |
| **Depression/****Sadness** | 30 | Depression with academic incapacitation: Absent >\_ 1 day/week on average Not doing any school work (stares)Depression with social incapacitation: Isolates from friends (doesn’t want to play, talk on phone, visit with friends)Depression with suicidal intent (regardless of lethality) | 118118119 |
|  | 20 | Persistent depression (half of the time) with difficulty in one or more: Sleep, eating, concentrating, energy, normal activitiesIrritability or anhedonia with 2 or more: Sleep, eating, concentrating, energy, normal activities | 122122 |
|  | 10 | Often sad plus related symptoms (e.g., nightmares, stomachaches)Disproportionately irritable (no apparent reason)Very self-critical, low self-esteem, feeling of worthlessnessSad or hurt if criticizedSad, depressed or anhedonic in one setting or a few days at a time | 128129130132133 |
| **Anxiety, Fear, Worry, Panic, Tenseness** | 30 | Fear, worries, anxieties with academic incapacitation- absent >\_ 1 day/week on average.Fears, worries, anxieties with social withdrawal | 117117 |
|  | 20 | Persistent, excessive worry with one or more: Sleep, eating, concentrating, irritability, muscle tension, feeling on edge.Fears, worries, or anxieties result in being distraught when away from home or parental figures.Worries or anxieties result in special accommodations/requests (sleep near parents, call home from school) | 123124125 |
|  | 10 | Often anxious, fearful, with related symptom (nightmare, stomachache)Disproportionate fears or worriesEasily distressed if makes mistakesAnxious if criticizedAnxious in one setting for a few days at a time | 128129131132133 |
| **Bizarre Emotional reactions** | 30 | Viewed as odd or strange, emotional responses are incongruous (unreasonable, excessive) most of the time (ex., laughs oddly when discussing sad issues- mania, psychosis, schizotypal, PDD, has no mood others can relate to as in autism) | 116 |
|  | 20 | Marked changes in mood- intense and abruptExtreme affective instability related to anxiety and depression, not anger (laughing one minute, crying the next) | 121 |
|  | 10 | N/A |  |

**Self-Harmful Behavior**

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| **Self-harmful Behavior** | **CAFAS Score** | **Description** | **Item Number** |
|  | 30 | Non-accidental, self-destructive behavior-potential or caused self-injury (suicide attempt, self-starvation, persistent head-banging)Non-intentional self-destructive behavior- potential or caused self-injury & youth is aware of danger (opens car door in moving vehicle/deliberately running into traffic)Has a clear plan to hurt selfHas genuine desire to die (suicidal intent, regardless of attempt, or lethality of method) | 142143144144 |
|  | 20 | Non-accidental self-harm, mutilation, or injury- non-life-threatening & non-trivial (suicidal gestures without intent to die, cutting)Talks about harming self, killing self, or wanting to dieThinks about harming self, killing self, or wanting to die | 146147147 |
|  | 10 | Repeated non-accidental behavior suggesting self-harm, but unlikely to cause any serious injury (repeatedly pinching self, scratching skin with dull object) | 149 |

**Substance Use**

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| --- | --- | --- | --- |
| **Substance Use** | **CAFAS Score** | **Description** | **Item Number** |
| **Frequency/****Amount of Use** | 30 | Frequently intoxicated/high > 2x/week12 years or younger, uses regularly (once/wk +) | 158163 |
|  | 20 | High/intoxicated once or twice/week12 years or younger, occasional use without intoxication or obviously high | 169170 |
|  | 10 | Regular usage (e.g., once/week) but without intoxication or obviously highInfrequent excess & only without serious consequences12 years or younger has used substances more than once | 173172174 |
| **Negative effects & Risk taking** | 30 | Dominates life: lifestyle centers on acquisition and use, physical dependenceUsage suggests drinking is out of control-no social function: blackouts, drinking alone, cannot stop drinking once startsSerious negative consequences: school-failing, expelled, work- fired, losing job, crimes-illegal activity while under influence, physical injury, accidents, victimized, Inhalant usePotential serious consequences to offspring (pregnant, or parent and user)Any use of “hard” drugs: crack, cocaine, PCP, opioids/narcotics | 154155162156, 157, 159160, 161Except. |
|  | 20 | Pattern of use likely impairs functioning: traffic violations, school absences, tardiness, uses on school days, misses activities, work absences/tardiness, uses on work days, before workIncrease in troubles since started using: arguing, fights with family/friends, breaking rules, trouble with authority figuresPotential victimization, vulnerable to injury or date rape due to usageFriendships change to mostly substance users | 165166167168 |
|  | 10 | N/A |  |

**Thinking**

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| **Thinking** | **CAFAS Score** | **Description** | **Item Number** |
| **Impairment Requirements** | 30 | All 3 Required:Cannot attend normal school classroomDoes not have normal friendships, and Cannot interact adequately in the community |  |
|  | 20 | Frequent difficulty in communication or behavior, orSpecialized setting or supervision needed |  |
|  | 10 | Occasional difficulty in communications, behavior, or interactions with others |  |
| **Odd Communications** | 30 | Communications are impossible or extremely difficult to understand due to incoherent thought or language (loose assoc., flight of ideas)Speech or nonverbal behavior is extremely odd & is non-communicative (echolalia, idiosyncratic language) | 182183 |
|  | 20 | Irrelevant or disorganized communications (more than peers)Eccentric or odd speech (e.g., impoverished, vague) | 187 |
|  | 10 | N/A | 193 |
| **Faulty Sensory Perception** | 30 | Strange or bizarre behavior due to frequent &/or disruptive hallucinations, can’t distinguish fantasy from reality | 184 |
|  | 20 | Intermittent hallucinations that interfere with functioning | 189 |
|  | 10 | Unusual perceptual experiences that are not pathological hallucinations (know not real-sees wolves before falling asleep) | 196 |
| **Faulty Cognitions** | 30 | Strange or bizarre behavior/talk due to frequent/disruptive delusions | 184 |
|  | 20 | Frequent distortion of thinking (obsessions, suspicions) Ex. Schizotypal suspiciousness, bizarre fantasiesPreoccupying cognitions/fantasies with bizarre, odd, gross themes (ex. Spends time alone writing, drawing stories of aliens killing teachers) | 188191 |
|  | 10 | Though distortions (obsessions, compulsions)Expression of odd beliefs, magical thinking older than age 8 | 194195 |
| **Orientation & Memory loss** | 30 | Pattern of short-term memory loss, disorientation to time or place most of the time | 185 |
|  | 20 | Frequent marked confusion or evidence of short-term memory loss | 190 |
|  | 10 | N/A |  |

**Caregiver Resources**

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| --- | --- | --- | --- |
| **Caregiver Resources** | **CAFAS Score** | **Description** | **Item Number** |
| **Material Needs** | 30 | Youth needs not met, severe risk to health or welfare likely | 201 |
|  | 20 | Frequent negative impact/or major disruption on youth’s functioning | 203 |
|  | 10 | Occasional negative impact on youth’s functioning | 205 |
| **Level of Resources available** | 30 | Setting potentially dangerous due to lack of resources needed to meet youth’s needs/demands (e.g., youth with PDD and limited resources) | 211 |
|  | 20 | Youth’s developmental needs cannot be adequately met | 222 |
|  | 10 | Family not able to provide adequate warmth, security, or sensitivity | 230 |
| **Parental Judgment/****functioning** | 30 | Gross impairment in parental judgment/functioning (e.g., psychosis, substance abuse, severe personality disorder, MR)Caregiver openly involved or approves of youth being involved with unlawful behavior | 212220 |
|  | 20 | Marked impairment in parental judgment/functioning (e.g., emotional instability, psychiatric illness, substance use, physical illness) | 223 |
|  | 10 | N/A |  |
| **Supervised Home** | 30 | Caregiver does not want youth to return home,Kicked youth out of the home without making other living arrangements | 213216 |
|  | 20 | Marked lack of parental supervision or consistency in care (doesn’t know youth’s whereabouts, or friends) | 226 |
|  | 10 | Not able to provide adequate supervision, firmness, or consistency in care over time | 233 |
| **Non-Abusive Environment** | 30 | During rating period, subjected to sexual abuse/physical abuse by caregiver in the home.Youth currently removed from home due to abuse/neglectFailure to provide environment free from possible abuse for a youth who has previously been abused or traumatized (allows abuser or known offender near child)Parents’ rights terminated | 214, 215217218Except. |
|  | 20 | Failure of caregiver to provide emotional support to youth who have been traumatized or abused. | 227 |
|  | 10 | N/A |  |
| **Conflict Management** | 30 | Frankly hostile, rejecting to youthSevere or frequent domestic violence | 213219 |
|  | 20 | Domestic violence or serious threat of domestic violencePervasive and continual conflict (hostility, tensions, scapegoating)Family members are insensitive, angry, or resentful of youth | 228224225 |
|  | 10 | Frequent family arguments and misunderstandings resulting in bad feelingsFamily relations characterized by poor problem solving, poor communication, or emotional insensitivity | 231232 |