

Intervention Words Defined

When writing interventions, ask yourself, "What will I do?" or "What did I do?" to help the client meet his or her goal. The following is a list of Intervention words to help you write statements of actions by staff to bring about a change in the consumer's behavior or condition.

Assisted	Guided, facilitated, helped, advised, coached, supervised
Instructed	Guided, taught, directed, coached, told, advised, educated
Processed	Helped, decided or worked out, interpreted, looked at options, recommended, clarified, interviewed, reflected, asked
Explored	Thought of other ways, looked for, generated alternatives, experimented with, brainstormed, helped assess/evaluate
Mediate	Used conflict resolution, negotiated, contracted, helped solve, suggested, stabilized, looked at ways to resolve
Intervened	Confronted, stopped, interrupted, addressed, required
Consequences	Assigned consequences, gave warning, gave privileges, adjusted level, assigned points, implemented behavior plan
Encouraged	Supported, acknowledged, praised, recognized, urged, reassured, prompted, gave permission, listened to
Reviewed	Went over, looked at, considered, spent time with, evaluated, examined, reminded, referred to
Monitored	Observed, watched, followed up, continued to notice, checked on, looked to see, checked in
Contracted	Set up agreement, arranged, explained consequences, set clear rules/expectations
Discussed	Coveys only a weak interaction by itself. If used, it must have additional description such as "discussed the consequences of lying" or "discussed how to avoid problems at school."

*****Not all interventions are appropriate or billable for all services. Please consult with your supervisor if you have questions about when to use specific interventions depending on what service is being provided.**