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| The Nurturer(Caring for someone)The part of our personality that is capable of giving care, concern, and compassion.  | The Nurtured(Receiving Care)The part of our personality that is capable of receiving care, seeking closeness and attachments, and accepts praise and positive touch. |
| The Perpetrator/Bully(Hurting Someone)The part of our personality who can be cruel, abusive to self and others, is capable of hurting others, and generally disregards the overall goodness and respect of other living things and objects. | The Victim(Being Hurt)The part of our personality who believes the hurt and pain given by others is justified and valid. The victim believes the hurt received is for their own good. |