Praise for Being and Doing

Copy this worksheet, then cut out the left side statements of praise for being and praise for

doing. Put the slips in a cup or hat. Have each parent choose a slip and identify whether it is

praise for being (who a child is), or praise for doing (efforts and behaviors). You may want

your own copy so you can have the answers which are found to the right of each statement.

**I love you Praise for Being**

**You buttoned your buttons, good job Praise for Doing**

**It is nice to see you try so hard Praise for Doing**

**Nice job cooperating with your sister Praise for Doing**

**I am happy to be your mom/dad Praise for Being**

**You are special Praise for Being**

**I am so proud of your determination Praise for Doing**

**You are a great kid Praise for Being**

**You did really well in school Praise for Doing**

**You did a good job Praise for Doing**

**You are a beautiful Praise for Being**

**You are so smart Praise for Being**

**Your painting is very nice Praise for Doing**

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