

# Counseling now available

for individuals with neurological conditions and their families



**Jayan Thomas**

Licensed Clinical Social Worker

Licensed Marriage and Family Therapist

MS-certified Specialist

Coping with a neurological condition can be challenging for the person diagnosed as well as the whole family. Depression, anxiety and stress are common experiences when faced with a chronic illness. Jayan Thomas is here to help individuals and families cope with a wide range of issues, including:

- Difficulty dealing with a diagnosis
- Feeling down, hopeless or worthless
- Marital and family challenges
- Worry, anxiety and panic attacks
- Poor concentration
- Restlessness or irritability
- Employment issues
- Stress

Thomas provides individual, couples and family counseling for a range of neurological conditions at Norton Neurology Services on the Norton Suburban Hospital campus.

To schedule an appointment or for more information, call **(502) 899-6782**.

Norton Neurology Services – Suburban  
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