# **Treatment Plan**

# Diagnosis:

# Risk Factor:

# Environmental Supports:

# Current Assessment Scores/Level of Care:

# If treatment plan varies from the recommended level of care, explain rational for current level of care:

# Problem # 1:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Problem # 2:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Problem # 3:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Medication Therapy ADHD medications require a follow up appointment 30 days after the start of medication and two follow up appointments in the following nine months. Psychotherapy must be provided 90 days prior to referral for an antipsychotic unless diagnosis is schizophrenia, bipolar or a psychotic disorder. All clients receiving psychotropic medications should be regularly monitored by a physician. [Click here for medication list.](https://www.transformationsllc.net/wp-content/uploads/2020/01/Medication-List-for-ADHD-and-Antipsychotics.docx)

# Medication/dosage/prescriber name/start date/dates of follow-up appointments

# Crisis Plan or Relapse Prevention Plan with Steps

# Next Treatment Plan Review Date:

# Discharge and Aftercare Plan:

# Client and/or guardian participation and response to the Plan:

# ADHD medication List

Amphetamine-dextroamphetamine

Brand names: Adderoll, Adderoll SR, Mydasis, Dexedrine, Zenzedi, Procentra, Dextrostat

Dexmethylphenidate

Brand names: Focalin, Focalin RX

Dextroamphetamine

Brand names: Dexedrine

Lisdexamfetamine

Brand names: Vyvanse, Elvanse, SAmexid, Tyvense, Venvanse

Methylphenidate

Brand names: Ritalin, Concerta, Medikinet, Adaphen. Addwoze. Artige. Attemta. Cognil,Equasym, Inspirqal, Methylin, Penid, Propliper, Tradea,

Mehtamphetamine

Brand names: Desoxyn, Methedrine

Clonidine

Brand names: Catapres, Kapvay, Nexidlon and more

Buanfacine

Brand names: Tenex, Estulic, Intoniv

Atomoxetine

Brand names: Straterra

# Antipsychotic Medications

Aripiprazole, Asenapine, Brexpiprazole, Cariprazine, Clozapine, Haloperidol, Iloperidone, Loxapine, Lurisadone, Nolindone, Olanzapine, Paliperidone, Primozide, Queiapine, Quetiiapine fumarate, Riseridone, Ziprasidone, Chlorpromazine, Fluephenazine, Perphenazine,Prochlorperazine, Thioridazine, Trifluoperazine, Thiothixene, and more.