# **Treatment Plan**

# Diagnosis:

# Risk Factor:

# Environmental Supports:

# Current Assessment Scores/Level of Care:

# If treatment plan varies from the recommended level of care, explain rational for current level of care:

# Problem # 1:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Problem # 2:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Problem # 3:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Medication Therapy ADHD medications require a follow up appointment 30 days after the start of medication and two follow up appointments in the following nine months. Psychotherapy must be provided 90 days prior to referral for an antipsychotic unless diagnosis is schizophrenia, bipolar or a psychotic disorder. All clients receiving psychotropic medications should be regularly monitored by a physician. [Click here for medication list.](https://www.transformationsllc.net/wp-content/uploads/2020/01/Medication-List-for-ADHD-and-Antipsychotics.docx)

# Medication/dosage/prescriber name/start date/dates of follow-up appointments

Targeted Case Management provider/interventions/start date/target dates

Community Support Associate provider/interventions/start date/target dates

[ ]  Regulation skills:

[ ]  Crisis coping skills:

[ ]  Interpersonal skills:

[ ]  Daily living skills:

[ ]  Skills for self-monitoring of symptoms and side effects**:**

[ ]  Managing medication and follow up appointments:

[ ]  Other:

# Crisis Plan or Relapse Prevention Plan with Steps

# Next Treatment Plan Review Date:

# Discharge and Aftercare Plan:

# Client and/or guardian participation and response to the Plan: