



Certificate of Completion Awarded to:

Jennifer Banet

6.0 CEU Hours for completing the following training:

Professional Development Certificate in Trauma Informed Care

Presented by Dr. John Keesler & co-presenters

IU Center for Rural Engagement, IU School of Social Work, IU School of Public Health-
Bloomington

Date of Completion: September 19, 2022

Learning Objectives:

1. Understand Trauma-informed care (TIC) as a universal precaution grounded in a human rights perspective.
2. Define and differentiate between stress, trauma, ACEs, and PTSD.
3. Explore the neurobiological impact of stress and trauma.
4. Define TIC and its 5 principles (safety, trustworthiness, choice, collaboration, and empowerment) as a philosophy of care.
5. Differentiate between trauma-informed and trauma specific treatment.
6. Explore the evidence behind TIC (Implications for service providers and service recipients).
7. Identify practical strategies for the adoption and integration of TIC as a practitioner and as an organization.
8. Use self-care as a strategy to combat secondary traumatic stress and promote resilience.
9. Identify unique challenges for those dealing with trauma in rural communities.
10. Apply the principles of Trauma-Informed Care for high-risk populations.

About the Public Health & YOU series:

The Indiana University School of Public Health-Bloomington, through its Public Health & YOU initiative, seeks to provide high quality education and research to the workforce to promote best practices and improve population health outcomes. Each offering will focus on a specific topic in public health in an effort to enhance understanding of the breadth and depth of public health, to enhance connections with community members, and provide important, relevant and useful information to local, regional, state, and national communities.