502-599-1440

LinkedIn: Shenika Breed

Email: sbreed41@gmail.com

**SUMMARY**

Dedicated Marriage and Family Therapists Associate with 15 years of comprehensive experience in social work and case management. Proven expertise in developing and implementing individualized care plans, providing therapeutic support, and advocating for clients’ needs. Skilled in coordinating services, conducting assessments, and collaborating with multidisciplinary teams to enhance client well-being. Adept at crisis intervention, conflict resolution, and maintaining detailed client records. Committed to fostering a supportive and empathetic environment to facilitate positive client outcomes.

**EDUCATION**

**Campbellsville University** Louisville, KY

 Masters in Marriage and Family Therapy

August 2024

**University of Louisville** Louisville, KY

Bachelor of Science in Criminal Justice

 December 2006

**SPECIAL TRAININGS AND CERTIFICATIONS**

Notary public Emotionally Focused Couples Therapy Motivational Interviewing DSM-TR

Case management AMSR

Interactive Journaling Anti-Black Racism in Schools

Trauma Informed Care Prepare/Enrich

**CLINICAL EXPERIENCE**

August 2022-Present Campbellsville CU Well Louisville, KY

 Clinical Intern

* At the CU Well I work with diverse populations, both demographically and

 diagnostically. As an intern, I have worked with anxiety disorders, adjustment

 disorders, major depressive disorders, narcissistic disorders, major depressive

 disorders, PTSD, married couples, individuals, and children. Additionally, I am

 responsible for file management, crisis intervention, and conducting assessments,

 including cross measures and Columbia suicide.

**EMPLOYMENT HISTORY**

September 2024-Present **Jefferson County Public Schoo**l Louisville. KY

Family Resource Coordinator

* Assist students and families with necessary resources
* Responsible for bringing in programs according to student needs
* Conduct Advisory Council meetings

June 2021-September 2024 **Goodwill Industries of Kentucky** Louisville, KY

Sr. Career Coach

* I work with 16-24 y/o’s addressing barriers that prevent young adults from re- engaging back into the community.
* I manage a team of 2 employees that participate in facilitation in JCPS behavioral schools.
* Resume building, interview skills, anger management, and healthy relationships.
* I am responsible for data reports, keeping files organized, as well as maintaining confidentiality.

Sept 2008-March 2021 **YMCA Safe Place Services** Louisville, KY

Status Diversion Case Manager

* Worked with in school youth who were court active for truancy and beyond

control warrants.

* Provided individual case management to re-engage youth back into the school system, while advocating within the court system.
* Built relationships with community agencies to reconnect the youth and meet their families’ unique needs.
* Ensured proper documentation to protect confidentiality.

July 2015-2019 **Seven Counties (Centerstone**) Louisville, KY

Service Coordinator

* Worked with clients and their families to develop a service plan, consistent with assessments.
* Monitored client progress by making referrals, tracking client’s appointments, and performing follow-up on services rendered.
* Prepared and maintained case records documenting contacts, services needed, reports, and client progress.

Nov 2013 to July 2015 **Child Protection Services (Investigations)** Louisville, KY

Social Service Worker I

* Initiation of cases &Timely Completion of investigations
* Assessments, extensive documentation, case plans and contacts
* Facilitated Staffing’s and Family Team Meetings
* Court Appearances

**PROFESSIONAL MEMEBERSHIPS**

American Association for Marriage and Family Therapy-Louisville Division Delta Kappa International Mariage and Family Therapy Honor Society

Kentucky Counseling Association (Counselors of Color)